



UPCOMING SCHEDULE

LET'S **GO** GYM

f @ s / Letsgogymuae

AL AIN CROSS
FIT

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Afternoon	CROSSFIT 15:45 - 16:45 Coach Alex	CROSSFIT 15:45 - 16:45 Coach Alex	CROSSFIT 15:45 - 16:45 Coach Alex	CROSSFIT 15:45 - 16:45 Coach Alex	CROSSFIT 15:45 - 16:45 Coach Alex		CROSSFIT 15:45 - 16:45 Coach Alex
Evening		CROSSFIT 18:00 - 19:00 Coach Alex		CROSSFIT 18:00 - 19:00 Coach Alex			
	CROSSFIT 19:00 - 20:00 Coach Alex		CROSSFIT 19:00 - 20:00 Coach Alex		CROSSFIT 19:00 - 20:00 Coach Alex		CROSSFIT 19:00 - 20:00 Coach Alex
		CROSSFIT 20:00 - 21:00 Coach Alex		CROSSFIT 20:00 - 21:00 Coach Alex			CROSSFIT 20:00 - 21:00 Coach Alex

■ Vibes