



# UPCOMING SCHEDULE

LET'S **GO** GYM

f @ / Letsgogymuae

## MUROOR CYCLING

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Morning	<b>TRIP</b> 7:00 - 7:45 Virtual	<b>SPRINT</b> 7:00 - 7:45 Virtual	<b>TRIP</b> 7:00 - 7:45 Virtual	<b>SPRINT</b> 7:00 - 7:45	<b>TRIP</b> 7:00 - 7:45 Virtual		
	<b>SPRINT</b> 8:00 - 8:30 Virtual	<b>TRIP</b> 7:45 - 8:30 Virtual	<b>SPRINT</b> 8:00 - 8:30 Virtual	<b>TRIP</b> 7:45 - 8:30 Virtual	<b>SPRINT</b> 8:00 - 8:30 Virtual	<b>RPM</b> 8:30 - 9:30 Sarah	<b>TRIP</b> 7:45 - 8:30 Virtual
						<b>TRIP</b> 10:00 - 10:45 Virtual	<b>SPRINT</b> 10:00 - 10:30 Virtual
Afternoon	<b>SPRINT</b> 16:00 - 16:30 Virtual	<b>SPRINT</b> 16:00 - 16:30 Virtual	<b>TRIP</b> 16:00 - 16:30 Virtual	<b>TRIP</b> 16:00 - 16:30 Virtual	<b>SPRINT</b> 16:00 - 16:30 Virtual		<b>TRIP</b> 16:00 - 16:45 Virtual
Evening	<b>TRIP</b> 17:00 - 17:45 Virtual	<b>TRIP</b> 17:00 - 17:45 Virtual	<b>SPRINT</b> 17:00 - 17:30 Virtual	<b>SPRINT</b> 17:00 - 17:30 Virtual	<b>TRIP</b> 17:00 - 17:45 Virtual		<b>SPRINT</b> 17:00 - 17:30 Virtual
	<b>RPM</b> 18:00 - 19:00 Zeyad	<b>SPRINT</b> 18:00 - 18:30 Virtual	<b>TRIP</b> 18:00 - 18:45 Virtual	<b>TRIP</b> 18:00 - 18:45 Virtual	<b>SPRINT/CORE</b> 18:00 - 19:00 Zeyad		<b>RPM</b> 18:15 - 19:00 Sarah
	<b>TRIP</b> 19:15 - 20:00 Virtual	<b>TRIP</b> 19:15 - 20:00 Virtual	<b>RPM</b> 19:00 - 20:00 Sarah	<b>SPRINT</b> 19:00 - 19:30 Virtual	<b>TRIP</b> 19:15 - 20:00 Virtual		<b>TRIP</b> 19:15 - 20:00 Virtual